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## Welsh Athletics Transgender Athlete Eligibility FAQs

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UKA released a [statement](#) on 1 April 2023 regarding Transgender Eligibility in Athletics and Athletes with Differences of Sex Development. This statement came into immediate effect. The World Athletics policy on Transgender Eligibility can be found [here](#). At Welsh Athletics, promoting inclusivity at all levels is one of our core values. We aim to provide inclusive opportunities for transgender female athletes to compete in athletics however we need to protect the fairness of competition.

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### Terminology

Transgender people are individuals whose gender identity is different from the gender they were assigned at birth. The term 'Trans' is synonymous with transgender.

*Transgender female:* A woman who was assigned male at birth.

*Transgender male:* A man who was assigned female at birth.

Differences in Sexual Development (DSD), sometimes known as Intersex, is a group of rare conditions involving genes, hormones, and reproductive organs, including genitals. This means that the sexual development of individuals with DSD will be different to most peoples.

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### Transgender Eligibility Rule Change FAQs

The following regulations only apply to UKA and Welsh Athletics licensed competitive events. The eligibility of transgender female athletes competing in other events, including social/club events, in their preferred category, will depend on the rules of that competition.

There is continual consideration regarding introducing an open category to replace the current male category. The rule changes will have a varying impact for different people

involved in athletics and we hope that this information and FAQs provide clarity in this evolving area.

### **What does this process mean for transgender females (UKA Events)?**

- If your gender is different from the sex you were registered with at birth, you are not allowed to compete in the female category from 1st April 2023 unless you are approved by UK Athletics as complying with the World Athletics Regulations to be able to compete in the female category.
- Transgender female athletes who were previously approved to compete through the UKA panel process can no longer compete in the female category from 1st April, regardless of testosterone levels.
- If you have already registered to enter an event before midnight on 31st March 2023, you will be able to compete in that event but cannot claim awards, qualifying times, or records. Your score will not count towards a team result. This means that a transgender female may compete in the male category unless, and until any changes to event categories have been approved by UKA.

### **What does this mean for transgender female athletes who wish to compete?**

- If you wish to enter any competitive events, you must provide details of your sex registered at birth on your Welsh Athletics registration and this will be shared with the club and event organisers through your Welsh Athletics/Power of 10 profile.
- If you have already completed your Welsh Athletics registration for the year prior to 31st March, this does not mean you are approved to compete in the female category for the season and you will need to ensure your personal data is updated to comply with this UKA regulation.

### **What does this mean for DSD athletes?**

- DSD athletes will not be allowed to compete in the female category from 1st April until they have demonstrated their blood testosterone over a 2-year period to be less than 2.5 nmol/L (nanomoles per litre). Contact [dutyofcare@uka.org](mailto:dutyofcare@uka.org) for eligibility information and support during this process.

### **What does this mean for Event Organisers/Providers?**

- All competition results up to and including 31st March 2023 will stand. We will not retrospectively alter any results before this date.
- Please do not challenge an athlete if you suspect they are competing in the wrong category. Report the concern or enquiry directly to Welsh Athletics [SafeguardingandWelfare@welshathletics.org](mailto:SafeguardingandWelfare@welshathletics.org) who will investigate eligibility [after the race].
- This is an issue which needs to be handled sensitively and all concerns raised should be reported confidentially to Welsh Athletics.
- If other athletes approach you to report suspected ineligibility of another athlete, this should be reported directly to Welsh Athletics. You should not investigate eligibility concerns.

### **What does this mean for Club membership/selection?**

- You do not need to alter the sex of an athlete on your club records, unless they are a Trans athlete who wishes to enter competition.
- Competitive athletes who were registered male at birth will be recorded as male on all Welsh Athletics records and will currently be eligible for the male category only unless they are approved by UK Athletics as complying with the World Athletics Regulations to be able to compete in the female category.

- Personal information regarding Trans athletes must be treated sensitively and any changes must be with the consent of the athlete, and only in order to enter competition.
- Please treat athletes' personal information confidentially. It should only be shared on a need-to-know basis.

### **What does this mean for school age-based competition?**

- The policy applies to Home Country National School Championships and those events where athletes can qualify for Home Country National School Championships, or any fixture that is licenced by Welsh Athletics. The regulations do not apply to other local school competitions.
- Any school event that is delivered with a WA competition licence must adhere to the UKA Transgender guidelines.

### **Get in touch**

We understand that that this may be an upsetting time for transgender athletes and Welsh Athletics offers confidential support and advice through our Inclusion and Engagement Coordinator Libby Steele [libby.steele@welshathletics.org](mailto:libby.steele@welshathletics.org). Please contact us if you have any questions regarding your eligibility.

### **Raising a concern about eligibility**

This UKA regulation came into immediate effect on 1 April 2023. Please do not approach an athlete who you believe may be competing in the incorrect gender category. Please report your enquiry to Welsh Athletics by emailing [SafeguardingandWelfare@welshathletics.org](mailto:SafeguardingandWelfare@welshathletics.org).

Info provided by HCAFs for webpage:

Transgender Athletes

UKA Statement: [UKA STATEMENT FOLLOWING WORLD ATHLETICS STATEMENT ON TRANSGENDER AND DSD REGULATIONS – UK Athletics](#)

UKA Transgender Eligibility Principle Statement: [TG-and-DSD-Principle-Statements-March-2023-final.docx \(live.com\)](#)

World Athletics Transgender Policy:

[https://www.worldathletics.org/download/download?filename=0d3c620f-a3d0-4412-a69b-0513f10e497b.pdf&urlslug=c3.3%20-%20eligibility%20rules&gl=1\\*1ur0id6\\*\\_ga\\*MTMzMjgwMTAxNy4xNjkwNDU0NDE3\\*\\_ga\\_7FE9YV46NW\\*MTY5NzQ1MzlyNC4yLjEuMTY5NzQ1MzI0MC4wLjAuMA..](https://www.worldathletics.org/download/download?filename=0d3c620f-a3d0-4412-a69b-0513f10e497b.pdf&urlslug=c3.3%20-%20eligibility%20rules&gl=1*1ur0id6*_ga*MTMzMjgwMTAxNy4xNjkwNDU0NDE3*_ga_7FE9YV46NW*MTY5NzQ1MzlyNC4yLjEuMTY5NzQ1MzI0MC4wLjAuMA..)

FAQ's from HCAF:

What this means for transgender female athletes:

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- If you have already registered to enter an event before midnight on 31<sup>st</sup> March 2023, you will be able to compete in that event but cannot claim awards, qualifying times or records. Your score will not count towards a team result.
- This means that a transgender female may compete in the male category unless and until any changes to event categories have been approved by UKA.
- These regulations only apply to UKA licensed, competitive events. The eligibility of transgender female athletes to compete in other events, including social/club events, in their preferred category, will depend on the rules of those competitions.
- If you wish to enter any competitive events, you must provide details of your sex registered at birth on your Welsh Athletics registration and this will be shared with the club and event organisers through your EA/Power of 10 profile.
- If you have already completed your Welsh Athletics registration for the year prior to 31<sup>st</sup> March, this does not mean you are approved to compete in the female category for the season and you will need to ensure your personal data is updated to comply with this UKA regulation.

- This is an evolving area and there is continual consideration of introducing an open category to replace the current male category.

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#### Raising a concern about eligibility

- This new UKA regulation came into effect on 1<sup>st</sup> April 2023.

***LISTEN  
ENGAGE  
REPRESENT***



**WELSH ATHLETICS**  
ATHLETAU CYMRU

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